BODY CONTROL PILATES®
30 Years of Excellence





Announcing Comprehensive Studio Summer School 2027!

The perfect way to work towards your Comprehensive Studio Certification!

Save time and money by signing up for our Summer School 2027.
You can book for just one course or go all in for all four courses
– and save up to 20%.

To book onto any of these courses, you must have attended
our Reformer 1 course.

You don't need to have your Reformer certification,
though you will need this before taking your Comprehensive Studio assessment.

Here's the schedule (BCPA Member prices):

Comprehensive Studio Summer School 2027					
Book any 2 courses and save 10% on what you would normally pay; any 3 courses and save 15%; all 4 courses and save 20% *All Summer School courses can be booked on an individual basis at the regular price*					
	Fees	Academy Fees	Days	Times	CPD Points
Cadillac 1: Beginners (must have attended Reformer 1)					
July 29th & 30th (Thursday/Friday)	£350	£315	2	10am-4.30pm daily	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)					
July 31st & August 1st (Saturday/Sunday)	£350	£315	2	10am-4.30pm daily	A60
Chair 1					
July 26th & 27th (Monday/Tuesday)	£350	£315	2	10am-4.30pm daily	A60
Ladder Barrel					
July 28th (Wednesday)	£200	£180	1	9.30am-4.30pm	A30

BODY CONTROL PILATES®
30 Years of Excellence

And our 2027 Matwork Summer School!

If you would like to add more depth, variety, and challenge to both your matwork teaching and your self-practice, these three 'face to face' mat courses are the perfect solution:

Matwork Evolution (1 day)
Intermediate Matwork (2 days)
Advanced Matwork (1 day)

Advanced Matwork covers the classical repertoire and enables you to go on to take an assessment to become a Matwork Master Teacher.

Our Matwork Summer School 2027 in August enables you to save time and money if you take at least two courses – and is the perfect solution if you are travelling long-distance to attend.

You can book for just one course or go large for all three courses – and save up to 15%.

Here's the schedule (BCPA Member prices):

Matwork Summer School 2027					
Book any 2 courses and save 10% on what you would normally pay; book all 3 courses and save 15%					
All Summer School courses can be booked on an individual basis at the regular price					
	Fees	**Academy Fees**	**Days**	**Times**	**CPD Points**
Matwork Evolution					
August 19th (Thursday)	£150	£135	1	10am-4pm	A30
Intermediate Matwork					
August 20th & 21st (Friday/Sat)	£310	£279	2	10am-4pm	A60
Advanced Matwork (must have attended Intermediate Mat)					
August 22nd (Sunday)	£185	£166.50	1	9.30am-5pm	A30