BODY CONTROL PILATES: FACE TO FACE COURSES & WORKSHOPS TO Q2 2027	Fees	Academy Fees	Days	Times	Status	CPD
Correct as at 04/11/26. Venue is the Body Control Pilates Centre London unless stated.						
Weekend(s) unless stated. Printed course notes given out on the day.						
***EST** : save **up to 30%** with an Education Season Ticket - now available to purchase!*						
Matwork Evolution						
November 14th	£150	£135	1	10am-4pm	**4 spaces left**	A30
February 19th 2027 (Friday)	£150	£135	1	10am-4pm	**Good availability**	A30
Intermediate Matwork						
January 9th & 10th 2027			2	10am-4pm	**Fully booked**	A60
April 2nd & 3rd 2027 (Friday/Saturday)	£310	£279	2	10am-4pm	**Good availability**	A60
Advanced Matwork (must have attended Intermediate Mat)						
November 14th	£185	£166.50	1	9.30am-5pm	**3 spaces left**	A30
March 13th 2027	£185	£166.50	1	9.30am-5pm	**Good availability**	A30
Spine Corrector & Pilates Arc - buy a Pilates Arc for just £85 when attending this course (p&p £15 extra if shipping)!						
January 30th 2027	£160	£144	1	10am-4.30pm	**Good availability**	A30
Reformer 1: Beginners/Intermediate						
December 1st-6th (Tuesday-Sunday) **WINTER INTENSIVE**	£945	£850	6	10am-4.30pm daily	**2 spaces left**	A120
February 16th-21st 2027 (Tuesday-Sunday) **SPRING INTENSIVE**	£945	£850	6	10am-4.30pm daily	**Good availability**	A120
February 20th-21st; March 6th-7th; March 20th-21st 2027 **PLYMOUTH, DEVON**	£945	£850	6	10am-4.30pm daily	**New date!**	A120
March 5th-7th & March 19th-21st 2027 **TWO BLOCKS (Friday-Sunday)**	£945	£850	6	10am-4.30pm daily	**Good availability**	A120
June 1st-6th 2027 (Tuesday-Sunday) **INTENSIVE**	£945	£850	6	10am-4.30pm daily	**New date!**	A120
Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.						
Reformer Supervised Teaching Workshop (& Self-Practice Hour) (must have attended Reformer 1 tuition)						
November 13th (Friday)	£45	£40	0.5	10am-2pm	**Good availability**	A15
further dates in planning						
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)						
November 20th (Friday)	£100	£90	1	10am-4pm	**4 spaces left**	A30
December 11th (Friday)	£100	£90	1	10am-4pm	**Good availability**	A30
Reformer exams? Contact Ella Porter for more info!						
Reformer Group Teaching Skills & Certification Course ***NEW COURSE!*** (must have BCP Reformer certification)						
new date in planning	£200	£180	1	10am-3.30pm		A30
Reformer Update Day (for Reformer 1 students still to qualify and Reformer teachers who want to refresh)						
new date in planning	£160	£144	1	10am-4pm		A30
Reformer Evolution						
new date in planning	£150	£135	1	10am-4pm		A30
Reformer 2: Advanced (must have Reformer certification)						
November 14th-15th & November 28th-29th			4	10am-4.30pm daily	**Fully booked**	A100
February 4th-7th (Thursday-Sunday) **INTENSIVE**	£650	£585	4	10am-4.30pm daily	**1 space left**	A100
Reformer Bridging (for those with Reformer certification from another provider)						
January 23rd & 24th 2027 (fees include one Reformer Review & Exam Prep Day)	£500	£450	2	10am-4.30pm daily	**Good availability**	A60
April 24th & 25th 2027 (fees include one Reformer Review & Exam Prep Day)	£500	£450	2	10am-4.30pm daily	**New date!**	A60
Cadillac 1: Beginners (must have attended Reformer 1)						
November 7th & 8th			2	10am-4.30pm daily	**Fully booked**	A60
January 30th & 31st 2027	£350	£315	2	10am-4.30pm daily	**Good availability**	A60
April 10th & 11th 2027	£350	£315	2	10am-4.30pm daily	**New date!**	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)						
January 16th & 17th 2027	£350	£315	2	10am-4.30pm daily	**1 space left**	A60
January 23rd & 24th 2027 **PLYMOUTH, DEVON**	£350	£315	2	10am-4.30pm daily	**Good availability**	A60
April 17th & 18th 2027	£350	£315	2	10am-4.30pm daily	**New date!**	A60
Cadillac 3: Advanced (must have attended Cadillac 2)						
February 13th 2027	£200	£180	1	10am-4.30pm	**Good availability**	A30
Chair 1						
November 21st & 22nd	£350	£315	2	10am-4.30pm daily	**3 spaces left**	A60
February 13th & 14th 2027	£350	£315	2	10am-4.30pm daily	**3 spaces left**	A60
Chair 2 (must have attended Chair 1)						
February 27th & 28th 2027	£350	£315	2	10am-4.30pm daily	**3 spaces left**	A60
Ladder Barrel						
January 9th 2027	£200	£180	1	9.30am-4.30pm	**Good availability**	A30
Workshops & Masterclasses						
VoiceGym for Pilates Teachers with **Alexander Evans**						
February 5th 2027 (Friday)	£170	£153.00	1	10am-4.30pm	**New date!**	A30
Fabulous Friday 2027 - a packed day of classes and studio sessions						
Friday March 12th 2027					**open for booking soon!**	