BODY CONTROL PILATES: FACE TO FACE COURSES & WORKSHOPS TO Q1 2027	Fees	Academy Fees	Days	Times	Status	CPD
Correct as at 26/08/26. Venue is the Body Control Pilates Centre London unless stated.						
Weekend(s) unless stated. Printed course notes given out on the day.						
***Price increase** : some course fees will increase for bookings made after 1/11/26. Details to follow.*						
Matwork Evolution						
November 14th	£150	£135	1	10am-4pm	Good availability	A30
Intermediate Matwork						
October 24th & 25th	£310	£279	2	10am-4pm	2 spaces left	A60
January 9th & 10th 2027	£310	£279	2	10am-4pm	New date!	A60
Advanced Matwork (must have attended Intermediate Mat)						
November 14th	£185	£166.50	1	9.30am-5pm	4 spaces left	A30
March 13th 2027	£185	£166.50	1	9.30am-5pm	New date!	A30
Spine Corrector & Pilates Arc - buy a Pilates Arc for just £85 when attending this course (p&p £15 extra if shipping)!						
January 30th 2027	£160	£144	1	10am-4.30pm	New date!	A30
Reformer 1: Beginners/Intermediate						
September 12th-13th; October 3rd-4th; October 17th-18th			6	10am-4.30pm daily	Fully booked	A120
October 27th-November 1st (Tuesday-Sunday) **AUTUMN INTENSIVE**			6	10am-4.30pm daily	Fully booked	A120
December 1st-6th (Tuesday-Sunday) **WINTER INTENSIVE**	£945	£850	6	10am-4.30pm daily	Good availability	A120
February 16th-21st 2027 (Tuesday-Sunday) **SPRING INTENSIVE**	£945	£850	6	10am-4.30pm daily	New date!	A120
March 5th-7th & March 19th-21st 2027 **TWO BLOCKS (Friday-Sunday)**	£945	£850	6	10am-4.30pm daily	New date!	A120
Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.						
Reformer Supervised Teaching Workshop (must have attended Reformer 1 tuition)						
September 18th (Friday)	£45	£40	0.5	10am-2pm	4 spaces left	A15
further dates in planning						
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)						
September 11th (Friday)	£100	£90	1	10am-4pm	4 spaces left	A30
October 25th (Sunday)	£100	£90	1	10am-4pm	Good availability	A30
December 11th (Friday)	£100	£90	1	10am-4pm	Good availability	A30
Reformer exams? Contact Ella Porter for more info!						
Reformer Group Teaching Skills & Certification Course ***NEW COURSE!*** (must have BCP Reformer certification)						
new date in planning	£200	£180	1	10am-3.30pm		A30
Reformer Update Day (for Reformer 1 students still to qualify and Reformer teachers who want to refresh)						
November 13th (Friday)	£160	£144	1	10am-4pm	Good availability	A30
Reformer Evolution						
October 24th	£150	£135	1	10am-4pm	Good availability	A30
Reformer 2: Advanced (must have Reformer certification)						
November 14th-15th & November 28th-29th	£650	£585	4	10am-4.30pm daily	2 spaces left	A100
February 4th-7th (Thursday-Sunday) **INTENSIVE**	£650	£585	4	10am-4.30pm daily	New date!	A100
Reformer Bridging (for those with Reformer certification from another provider)						
November 21st & 22nd (fees include one Reformer Review & Exam Prep Day)	£500	£450	2	10am-4.30pm daily	New date!	A60
January 23rd & 24th 2027 (fees include one Reformer Review & Exam Prep Day)	£500	£450	2	10am-4.30pm daily	New date!	A60
Cadillac 1: Beginners (must have attended Reformer 1)						
August 28th & 29th (Friday/Saturday)			2	10am-4.30pm daily	Fully booked	A60
September 5th & 6th	£350	£315	2	10am-4.30pm daily	1 space left	A60
October 10th & 11th **PLYMOUTH, DEVON**	£350	£315	2	10am-4.30pm daily	2 spaces left	A60
November 7th & 8th	£350	£315	2	10am-4.30pm daily	3 spaces left	A60
January 30th & 31st 2027	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)						
October 10th & 11th			2	10am-4.30pm daily	Fully booked	A60
January 16th & 17th 2027	£350	£315	2	10am-4.30pm daily	Good availability	A60
January 23rd & 24th 2027 **PLYMOUTH, DEVON**	£350	£315	2	10am-4.30pm daily	Good availability	A60
Cadillac 3: Advanced (must have attended Cadillac 2)						
October 17th	£200	£180	1	10am-4.30pm	1 space left	A30
February 13th 2027	£200	£180	1	10am-4.30pm	New date!	A30
Chair 1						
November 21st & 22nd	£350	£315	2	10am-4.30pm daily	3 spaces left	A60
February 13th & 14th 2027	£350	£315	2	10am-4.30pm daily	New date!	A60
Chair 2 (must have attended Chair 1)						
October 3rd & 4th	£350	£315	2	10am-4.30pm daily	Good availability	A60
February 27th & 28th 2027	£350	£315	2	10am-4.30pm daily	New date!	A60
Ladder Barrel						
September 12th	£200	£180	1	9.30am-4.30pm	2 spaces left	A30
January 9th 2027	£200	£180	1	9.30am-4.30pm	New date!	A30
Workshops & Masterclasses						
Jumpboard Playtime! with **Jacquie Biggs** for Reformer-qualified teachers						
October 16th (Friday)	£85	£76.50	0.5	10am-12.30pm	4 spaces left	A15
Development Weekend 33						
September 26th & 27th at 11 Cavendish Square, London					booking now open!	