

FACE TO FACE COURSES: SCHEDULE & AVAILABILITY UPDATE	Fees	Academy Fees	Days	Times	Status	CPD
<i>availability correct as at 02/12/24</i>						
<i>Weekend unless stated. Venue is the Body Control Pilates Centre London unless stated.</i>						
<b>Matwork Evolution</b>						
March 29th 2025	£150	£135	1	10am-4pm	Good availability	A30
<b>Precision of Movement for Pilates Teachers</b>						
February 7th (Friday)	£150	£135	1	10am-4pm	3 spaces left	A30
<b>Intermediate Matwork</b>						
December 7th & 8th			2	10am-4pm	Fully booked	A60
February 8th & 9th 2025	£310	£279	2	10am-4pm	1 space left	A60
May 17th & 18th 2025	£310	£279	2	10am-4pm	Good availability	A60
<b>Advanced Matwork</b> (must have attended Intermediate Mat)						
January 25th 2025	£185	£166.50	1	9.30am-5pm	3 spaces left	A30
May 31st 2025	£185	£166.50	1	9.30am-5pm	New date!	A30
<b>Standing Pilates - face to face for the first time since lockdown!</b>						
new date in planning	£150	£135	1	10am-4.30pm	New date!	A30
<b>Spine Corrector &amp; Pilates Arc - buy a Pilates Arc for just £80 when attending this course!</b>						
February 15th	£150	£135	1	10am-4.30pm	5 spaces left	A30
<b>Reformer 1: Beginners/Intermediate</b>						
January 18th-19th; February 1st-2nd; February 15th-16th 2025			6	10am-4.30pm daily	Fully booked	
February 18th-23rd 2025 (Tuesday-Sunday) <b>SPRING INTENSIVE</b>			6	10am-4.30pm daily	Fully booked	A120
April 4th-6th; April 25th-27th (both Friday to Sunday) <b>TWO BLOCKS</b>	£945	£850	6	10am-4.30pm daily	4 spaces left	A120
May 27th-June 1st 2025 (Tuesday-Sunday) <b>INTENSIVE</b>	£945	£850	6	10am-4.30pm daily	5 spaces left	A120
<i>Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.</i>						
<b>Reformer Supervised Teaching Workshop &amp; Self-Practice Session</b> (must have attended Reformer 1 tuition)						
new date in planning	£40	£36	0.5	10am-2pm		A15
<b>New format! 3 hrs supervised teaching and 1 hr supervised self-practice</b>						
<b>Reformer Review &amp; Exam Prep Day</b> (must have attended Reformer 1 tuition modules)						
January 11th 2025	£100	£90	1	10am-3.30pm	New date!	A30
February 14th 2025 (Friday)	£100	£90	1	10am-3.30pm	New date!	A30
<b>Reformer exams? Contact Ella Porter for more info!</b>						
<b>Reformer Update Day</b> (for Reformer 1 students still to qualify and Reformer teachers)						
January 25th 2025	£160	£144	1	10am-4pm	Good availability	A30
<b>Reformer Evolution</b>						
January 31st (Friday)	£150	£135	1	10am-4pm	2 spaces left	A30
<b>Reformer 2: Advanced</b> (must have Reformer certification)						
November 23rd-24th & December 7th-8th			4	10am-4.30pm daily	Fully booked	A100
June 14th-15th & 28th-29th 2025	£650	£585	4	10am-4.30pm daily	New date!	A100
<b>Reformer Bridging</b> (for those with Reformer certification from another provider)						
November 30th & December 1st			2	10am-4.30pm daily	Fully booked	A100
March 8th & 9th 2025	£400	£360	2	10am-4.30pm daily	2 spaces left	A100
<b>Cadillac 1: Beginners</b> (must have attended Reformer 1)						
March 1st & 2nd 2025			2	10am-4.30pm daily	Fully booked	A60
May 17th & 18th 2025	£350	£315	2	10am-4.30pm daily	3 spaces left	A60
<b>Cadillac 2: Int/Advanced</b> (must have attended Cadillac 1)						
April 12th & 13th 2025	£350	£315	2	10am-4.30pm daily	3 spaces left	A60
<b>Cadillac 3: Advanced</b> (must have attended Cadillac 2)						
April 11th 2025 (Friday)	£200	£180	1	10am-4.30pm	Good availability	A30
<b>Chair 1</b>						
November 30th & December 1st			2	10am-4.30pm daily	Fully booked	A60
March 29th & 30th 2025	£350	£315	2	10am-4.30pm daily	Good availability	A60
<b>Chair 2</b> (must have attended Chair 1)						
March 15th & 16th 2025	£350	£315	2	10am-4.30pm daily	Good availability	A60
<b>Ladder Barrel</b>						
February 8th 2025	£200	£180	1	9.30am-4.30pm	1 space left	A30
<b>Workshops</b>						
<b>Reformer Teaching Skills Workshop with Bridget Montague</b> (must be BCP Reformer-certified)						
February 7th 2025 (Friday)	£110	£99	0.5	10am-1pm	New date!	A15
<b>Teaching Skills Studio Workshop with Sarah Marks</b> (for those working to their Comprehensive or Master Studio certn)						
March 14th (Friday)	£140	£126	0.5	10am-3pm	Details coming!!	A30