

FACE TO FACE COURSES: SCHEDULE & AVAILABILITY UPDATE TOAUTUMN 2024	Fees	Academy Fees	Days	Times	Status	CPD
<i>availability correct as at 02/05/24</i>						
<i>Weekend unless stated. Venue is the Body Control Pilates Centre London unless stated.</i>						
Matwork Evolution						
June 21st (Friday)	£150	£135	1	10am-4pm	5 spaces left	A30
Precision of Movement for Pilates Teachers						
July 5th (Friday)	£150	£135	1	10am-4pm	4 spaces left	A30
Intermediate Matwork						
July 13th & 14th	£310	£279	2	10am-4pm	4 spaces left	A60
September 28th & 29th	£310	£279	2	10am-4pm	Good availability	A60
Advanced Matwork (must have attended Intermediate Mat)						
June 8th	£185	£166.50	1	9.30am-5pm	2 spaces left	A30
September 14th	£185	£166.50	1	9.30am-5pm	5 spaces left	A30
Spine Corrector & Pilates Arc - buy a Pilates Arc for just £75 when attending this course!						
June 29th	£150	£135	1	10am-4.30pm	4 spaces left	A30
Reformer 1: Beginners/Intermediate						
May 21st-26th (Tuesday-Sunday)	£945	£850	6	10am-4.30pm daily	4 spaces left	A120
June 22nd-23rd; July 6th-7th; July 20th-21st	£945	£850	6	10am-4.30pm daily	Good availability	A120
August 6th-11th (Tuesday-Sunday)	£945	£850	6	10am-4.30pm daily	1 space left	A120
October 29th-November 3rd (Tuesday-Sunday)	£945	£850	6	10am-4.30pm daily	New date!	A120
<i>Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.</i>						
Reformer Supervised Teaching Workshop (must have attended Reformer 1 tuition modules)						
dates being arranged	£40	£36.00	0.5			A15
Reformer Supervised Self-Practice Session (must have attended Reformer 1 tuition modules)						
June 29th	£12.50	£11.25		2.30pm-4pm	New date!	
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)						
May 10th (Friday)	£100	£90	1	10am-3.30pm	5 spaces left	A30
June 14th (Friday)	£100	£90	1	10am-3.30pm	New date!	A30
July 13th	£100	£90	1	10am-3.30pm	New date!	A30
Reformer exams? Contact Ella Porter for more info!						
Reformer Evolution (must be BCP Reformer-certified)						
August 14th (Wednesday)	£150	£135	1	10am-4pm	New date!	A30
Reformer Teaching Skills Workshop (must be BCP Reformer-certified)						
July 5th (Friday)	£110	£99	0.5	10am-2pm	New date!	A30
Reformer 2: Advanced (must have Reformer certification)						
June 1st-2nd & June 15th-16th	£650	£585	4	10am-4.30pm daily	4 spaces left	A100
August 15th-18th (Thursday to Sunday)	£650	£585	4	10am-4.30pm daily	New date!	A100
Reformer for Pre- & Postnatal Clients						
June 29th	£125	£112.50	0.5	10am-2pm	New date!	A30
You must be Reformer-qualified and Pregnancy-qualified to attend this course						
Reformer Bridging (for those with Reformer certification from another provider)						
September 7th & 8th	£400	£360	2	10am-4.30pm daily	4 spaces left	A100
Cadillac 1: Beginners (must have attended Reformer 1)						
June 8th & 9th	£350	£315	2	10am-4.30pm daily	2 spaces left	A60
July 31st & August 1st (Weds/Thurs)	£350	£315	2	10am-4.30pm daily	Good availability	A60
October 26th & 27th	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)						
July 27th & 28th	£350	£315	2	10am-4.30pm daily	4 spaces left	A60
October 24th & 25th (Thursday/Friday)	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 3: Advanced (must have attended Cadillac 2)						
October 5th	£200	£180	1	10am-4.30pm	Good availability	A30
Chair 1						
May 11th & 12th			2	10am-4.30pm daily	Fully booked	A60
August 20th & 21st (Tuesday/Wednesday)	£350	£315	2	10am-4.30pm daily	Good availability	A60
November 9th & 10th	£350	£315	2	10am-4.30pm daily	New date!	A60
Chair 2 (must have attended Chair 1)						
June 29th & 30th	£350	£315	2	10am-4.30pm daily	New date!	A60
October 19th & 20th	£350	£315	2	10am-4.30pm daily	New date!	A60
Ladder Barrel						
July 14th			1	9.30am-4.30pm	Fully booked	A30
September 21st	£200	£180	1	9.30am-4.30pm	New date!	A30
Teaching Skills Studio Workshop (for those working to their Comprehensive or Master Studio certn)						
	£60	£54.00	0.5		New dates in planning	A15
Workshops						
Julie Moore, Suzanne Scott, Victoria McIntyre: Breathing workshop						
May 12th			1	10am-4pm	Fully booked	A30
Dr. Suzanne Martin workshops						
July 24th (Wednesday)	£175	£157.50	1	10am-4.30pm	1 space left	A30
Book both workshops for £320 (Academy £288)						
July 25th (Thursday):	£175	£157.50	1	10am-4.30pm	4 spaces left	A30
The Pelvis in Pilates (Studio Equipment)						