

FACE TO FACE COURSES: SCHEDULE & AVAILABILITY UPDATE TO SPRING 2024	Fees	Academy Fees	Days	Times	Status	CPD
<i>availability correct as at 21/11/23</i>						
<i>Weekends unless stated. Venue is the Body Control Pilates Centre London unless stated.</i>						
Matwork Evolution						
March 2nd 2024	£150	£135	1	10am-4pm	5 spaces left	A30
Precision of Movement for Pilates Teachers						
April 6th 2024	£150	£135	1	10am-4pm	Good availability	A30
Intermediate Matwork						
December 8th & 9th (Friday/Saturday)	£310	£279	2	10am-4pm	3 spaces left	A60
January 20th & 21st 2024			2	10am-4pm	Fully booked	A60
March 16th & 17th 2024	£310	£279	2	10am-4pm	3 spaces left	A60
May 17th & 18th 2024 (Friday/Saturday)	£310	£279	2	10am-4pm	Good availability	A60
Advanced Matwork (must have attended Intermediate Mat)						
February 10th 2024	£185	£166.50	1	9.30am-5pm	4 spaces left	A30
Spine Corrector & Pilates Arc						
March 9th 2024	£150	£135	1	10am-4.30pm	New date!	A30
Reformer 1: Beginners/Intermediate						
January 13th-14th; January 27th-28th; February 10th-11th 2024	£945	£850	6	10am-4.30pm daily	2 spaces left	A120
March 19th-24th 2024 (Tuesday-Sunday) SPRING INTENSIVE	£945	£850	6	10am-4.30pm daily	3 spaces left	A120
April 12th-14th & April 26th-28th GLASGOW	£1,250	£1,100	6	10am-4.30pm daily	Very good availability	A120
April 20th-21st; May 11th-12th; May 18th-19th 2024 (consecutive weekends in May)	£945	£850	6	10am-4.30pm daily	Good availability	A120
August 6th-11th 2024 (Tuesday-Sunday) SUMMER INTENSIVE - ADVANCE WARNING!	£945	£850	6	10am-4.30pm daily	Good availability	A120
<i>Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.</i>						
Reformer Supervised Teaching Workshop (must have attended Reformer 1 tuition modules)						
January 12th (Friday)	£40	£36.00	0.5	10am-1pm	Good availability	A15
February 16th (Friday)	£40	£36.00	0.5	10am-1pm	Good availability	A15
March 1st 2024 (Friday)	£40	£36.00	0.5	2pm-5pm	Good availability	A15
Reformer Supervised Self-Practice Session (must have attended Reformer 1 tuition modules)						
December 2nd				2.30pm-4pm	Fully booked	
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)						
December 1st (Friday)			1	10am-3.30pm	Fully booked	A30
January 20th 2024	£100	£90	1	10am-3.30pm	3 spaces left	A30
Reformer exams? Contact Ella Porter for more info!						
Reformer Evolution (must be BCP Reformer-certified)						
April 6th 2024	£150	£135	1	10am-4pm	Good availability	A30
Reformer Teaching Skills Workshop (must be BCP Reformer-certified)						
January 26th 2024 (Friday)	£110	£99	0.5	10am-2pm	4 spaces left	A30
Reformer 2: Advanced (must have Reformer certification)						
March 12th-15th 2024 (Tuesday to Friday) SPRING INTENSIVE	£650	£585	4	10am-4.30pm daily	Good availability	A100
June 1st-2nd & June 15th-16th 2024	£650	£585	4	10am-4.30pm daily	New date!	A100
Reformer for Pre- & Postnatal Clients						
December 2nd	£125	£112.50	1	10am-2pm	3 spaces left	A30
You must be Reformer-qualified and Pregnancy-qualified to attend this course						
Reformer Bridging (for those with Reformer certification from another provider)						
February 24th & 25th 2024	£400	£360	2	10am-4.30pm daily	3 spaces left	A100
Cadillac 1: Beginners (must have attended Reformer 1)						
November 25th & 26th			2	10am-4.30pm daily	Fully booked	A60
February 3rd & 4th 2024			2	10am-4.30pm daily	Fully booked	A60
March 2nd & 3rd 2024	£350	£315	2	10am-4.30pm daily	Good availability	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)						
January 13th & 14th 2024 GLASGOW	£445	£400	2	10am-4.30pm daily	3 spaces left	A60
February 17th & 18th 2024			2	10am-4.30pm daily	Fully booked	A60
April 11th & 12th 2024	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 3: Advanced (must have attended Cadillac 2)						
April 20th 2024	£200	£180	1	10am-4.30pm	Good availability	A30
Chair 1						
March 9th & 10th 2024	£350	£315	2	10am-4.30pm daily	2 spaces left	A60
Chair 2 (must have attended Chair 1)						
February 24th & 25th 2024 GLASGOW	£445	£400	2	10am-4.30pm daily	1 space left	A60
April 13th & 14th 2024	£350	£315	2	10am-4.30pm daily	3 spaces left	A60
Ladder Barrel						
December 3rd			1	9.30am-4.30pm	Fully booked	A30
March 23rd 2024	£200	£180	1	9.30am-4.30pm	Good availability	A30
Comprehensive Studio Workshop (for those working to their Comprehensive Studio certification)						
	£75	£67.50	0.5			A15
Workshops						
Suzanne Scott: Hips in Five - The Long Mix!						
December 3rd				10am-4pm	Fully booked	A30
January 28th 2024	£165	£148.50	1	10am-4pm	5 spaces left	A30