

FACE TO FACE COURSES: SCHEDULE & AVAILABILITY UPDATE TO SPRING 2024	Fees	Times	Status
<i>availability correct as at 23/10/23</i>			
<i>Weekends unless stated. Venue is the Body Control Pilates Centre London unless stated.</i>			
Spine Corrector & Pilates Arc			
November 11th	£200	10am-4.30pm	1 space left
Reformer 1: Beginners/Intermediate			
January 13th-14th; January 27th-28th; February 10th-11th 2024	£1,150	10am-4.30pm daily	Good availability
March 19th-24th 2024 (Tuesday-Sunday) SPRING INTENSIVE	£1,150	10am-4.30pm daily	New date!
April 12th-14th & April 26th-28th GLASGOW	£1,375	10am-4.30pm daily	New date!
April 20th-21st; May 11th-12th; May 18th-19th 2024 (consecutive weekends in May)	£1,150	10am-4.30pm daily	New date!
<i>Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.</i>			
Reformer Supervised Teaching Workshop (must have attended Reformer 1 tuition modules)			
November 10th (Friday)	£40	2pm-5pm	2 spaces left
March 1st 2024 (Friday)	£40	2pm-5pm	New date!
<i>more dates being planned</i>			
Reformer Supervised Self-Practice Session (must have attended Reformer 1 tuition modules)			
December 2nd	£10	2.30pm-4pm	New date!
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)			
December 1st (Friday)		10am-3.30pm	Fully booked
January 20th 2024	£100	10am-3.30pm	Good availability
<i>Reformer exams? Contact Ella Porter for more info!</i>			
Reformer Teaching Skills Workshop (must be BCP Reformer-certified)			
January 26th 2024 (Friday)	£110	10am-2pm	New date!
Reformer 2: Advanced (must have Reformer certification)			
November 11th-12th & December 9th-10th (Note: four week gap)	£780	10am-4.30pm daily	3 spaces left
March 12th-15th 2024 (Tuesday to Friday) SPRING INTENSIVE	£780	10am-4.30pm daily	New date!
Reformer for Pre- & Postnatal Clients			
December 2nd	£150	10am-2pm	4 spaces left
<i>You must be Reformer-qualified and Pregnancy-qualified to attend this course</i>			
Reformer Bridging (for those with Reformer certification from another provider)			
February 24th & 25th 2024	£400	10am-4.30pm daily	2 spaces left
Cadillac 1: Beginners (must have attended Reformer 1)			
November 25th & 26th		10am-4.30pm daily	Fully booked
February 3rd & 4th 2024		10am-4.30pm daily	Fully booked
March 2nd & 3rd 2024	£425	10am-4.30pm daily	New date!
Cadillac 2: Int/Advanced (must have attended Cadillac 1)			
January 13th & 14th 2024 GLASGOW	£525	10am-4.30pm daily	3 spaces left
February 17th & 18th 2024		10am-4.30pm daily	Fully booked
Cadillac 3: Advanced (must have attended Cadillac 2)			
November 11th 2023	£250	10am-4.30pm	2 spaces left
April 20th 2024	£250	10am-4.30pm	New date!
Chair 1			
November 4th & 5th GLASGOW	£495	10am-4.30pm daily	1 space left
March 9th & 10th 2024	£425	10am-4.30pm daily	New date!
Chair 2 (must have attended Chair 1)			
November 18th-19th	£425	10am-4.30pm daily	1 space left
February 24th & 25th 2024 GLASGOW	£525	10am-4.30pm daily	3 spaces left
April 13th & 14th 2024	£350	10am-4.30pm daily	New date!
Ladder Barrel			
December 3rd		9.30am-4.30pm	Fully booked
March 23rd 2024	£250	9.30am-4.30pm	New date!
Comprehensive Studio Workshop (for those working to their Comprehensive Studio certification)			