

FACE TO FACE COURSES: SCHEDULE & AVAILABILITY UPDATE TO SPRING 2024	Fees	Academy Fees	Days	Times	Status	CPD
<i>availability correct as at 25/08/23</i>						
<i>Weekends unless stated. Venue is the Body Control Pilates Centre London unless stated.</i>						
Matwork Evolution						
October 27th (Friday)	£150	£135	1	10am-4pm	2 spaces left	A30
November 18th			1	10am-4pm	Fully booked	A30
March 2nd 2024	£150	£135	1	10am-4pm	New date!	A30
Precision of Movement for Pilates Teachers						
April 6th 2024	£150	£135	1	10am-4pm	New date!	A30
Intermediate Matwork						
September 2nd & 3rd			2	10am-4pm	Fully booked	A60
November 4th & 5th			2	10am-4pm	Fully booked	A60
December 8th & 9th (Friday/Saturday)	£310	£279	2	10am-4pm	New date!	A60
January 20th & 21st 2024	£310	£279	2	10am-4pm	1 space left	A60
March 16th & 17th 2024	£310	£279	2	10am-4pm	New date!	A60
May 17th & 18th 2024 (Friday/Saturday)	£310	£279	2	10am-4pm	New date!	A60
Advanced Matwork (must have attended Intermediate Mat)						
September 10th	£185	£166.50	1	9.30am-5pm	3 spaces left	A30
February 10th 2024	£185	£166.50	1	9.30am-5pm	Good availability	A30
Spine Corrector & Pilates Arc						
November 11th	£150	£135	1	10am-4.30pm	New date!	A30
Reformer 1: Beginners/Intermediate						
September 16th-17th; September 30th-October 1st; October 14th-15th			6	10am-4.30pm daily	Fully booked	A120
October 24th-29th (Tuesday-Sunday) AUTUMN INTENSIVE	£945	£850	6	10am-4.30pm daily	1 space left	A120
January 13th-14th; January 27th-28th; February 10th-11th 2024	£945	£850	6	10am-4.30pm daily	New date!	A120
March 19th-24th 2024 (Tuesday-Sunday) SPRING INTENSIVE	£945	£850	6	10am-4.30pm daily	New date!	A120
April 20th-21st; May 11th-12th; May 18th-19th 2024 (consecutive weekends in May)	£945	£850	6	10am-4.30pm daily	New date!	A120
<i>Reformer exam costs £190 and is payable when you book it. Contact Ella Porter for more info.</i>						
Reformer Supervised Teaching Workshop (must have attended Reformer 1 tuition modules)						
November 10th (Friday)	£40	£36.00	0.5	2pm-5pm	New date!	A15
Reformer Supervised Self-Practice Session (must have attended Reformer 1 tuition modules)						
December 2nd	£10	£10		2.30pm-4pm	New date!	
Reformer Review & Exam Prep Day (must have attended Reformer 1 tuition modules)						
September 9th	£100	£90	1	10am-3.30pm	4 spaces left	A30
October 13th (Friday)	£100	£90	1	10am-3.30pm	New date!	A30
December 1st (Friday)	£100	£90	1	10am-3.30pm	New date!	A30
<i>Reformer exams? Contact Ella Porter for more info!</i>						
Reformer Evolution (must be BCP Reformer-certified)						
<i>dates being planned</i>	£150	£135	1			A30
Reformer Teaching Skills Workshop (must be BCP Reformer-certified)						
<i>dates being planned</i>	£110	£99	0.5			A30
Reformer 2: Advanced (must have Reformer certification)						
August 17th-20th (Thursday-Sunday) SUMMER INTENSIVE			4	10am-4.30pm daily	Fully booked	A100
November 11th-12th & December 9th-10th (Note: four week gap)	£650	£585	4	10am-4.30pm daily	New date!	A100
March 12th-15th 2024 (Tuesday to Friday) SPRING INTENSIVE	£650	£585	4	10am-4.30pm daily	New date!	A100
Reformer for Pre- & Postnatal Clients						
December 2nd	£125	£112.50	1	10am-2pm	4 spaces left	A30
<i>You must be Reformer-qualified and Pregnancy-qualified to attend this course</i>						
Reformer Bridging (for those with Reformer certification from another provider)						
August 24th & 25th (Thursday/Friday)	£400	£360	2	10am-4.30pm daily	2 spaces left	A100
February 24th & 25th 2024	£400	£360	2	10am-4.30pm daily	New date!	A100
Cadillac 1: Beginners (must have attended Reformer 1)						
November 25th & 26th			2	10am-4.30pm daily	Fully booked	A60
February 3rd & 4th 2024	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 2: Int/Advanced (must have attended Cadillac 1)						
October 7th & 8th			2	10am-4.30pm daily	Fully booked	A60
January 13th & 14th 2024 GLASGOW	£445	£400	2	10am-4.30pm daily	4 spaces left	A60
February 17th & 18th 2024	£350	£315	2	10am-4.30pm daily	New date!	A60
Cadillac 3: Advanced (must have attended Cadillac 2)						
November 11th 2023	£200	£180	1	10am-4.30pm	Good availability	A30
April 20th 2024	£200	£180	1	10am-4.30pm	New date!	A30
Chair 1						
October 21st & 22nd			2	10am-4.30pm daily	Fully booked	A60
November 4th & 5th GLASGOW	£445	£400	2	10am-4.30pm daily	2 spaces left	A60
March 9th & 10th 2024	£350	£315	2	10am-4.30pm daily	New date!	A60
Chair 2 (must have attended Chair 1)						
November 18th-19th			2	10am-4.30pm daily	Fully booked	A60
February 24th & 25th 2024 GLASGOW	£445	£400	2	10am-4.30pm daily	4 spaces left	A60
April 13th & 14th 2024	£350	£315	2	10am-4.30pm daily	New date!	A60
Ladder Barrel						
December 3rd			1	10am-4.30pm	Fully booked	A30
March 23rd 2024	£200	£180	1	10am-4.30pm	New date!	A30
Comprehensive Studio Workshop (for those working to their Comprehensive Studio certification)						
	£75	£67.50	0.5			A15